

For Immediate Release

Media Contact: Terry Hoffmann
O: 314-982-0298 | M: 310-614-3531
terry.hoffmann@fleishman.com

NOCSAE Advances First Chest Protector Standard to Address Sudden Cardiac Death *Proposed Chest Protector Standard for Commotio Cordis* *Designed to Significantly Reduce a Common Cause of Sudden Cardiac Death in Athletes*

OVERLAND PARK, Kan. (Feb. 2, 2016) – The National Operating Committee on Standards for Athletic Equipment (NOCSAE) discussed a number of topics to advance athletic equipment safety at its standards meeting in Phoenix on January 29, including introducing the world’s first chest protector performance standard for commotio cordis, and advancing football helmet standards to address concussion risks and youth provisions.

World’s First Chest Protector Performance Standard for Commotio Cordis

NOCSAE introduced the world’s first performance standard for chest protectors for commotio cordis and moved it to proposed status at NOCSAE’s standards meeting on January 29.

Commotio cordis, a heart rhythm disruption caused by a blow to the chest, is one of the leading causes of sudden cardiac death in athletes. In conjunction with research efforts by the Louis J. Acompora Memorial Foundation, NOCSAE has funded more than \$1.1 million in research to help identify the specific cause of commotio cordis and to develop a chest protector standard designed to significantly reduce the likelihood of occurrence. The new NOCSAE standard applies to baseball and lacrosse, where catchers and goalies are typically the most vulnerable to commotio cordis. Approximately five to 15 athletes die every year from this syndrome. Most of these deaths are males under the age of 14 who are often wearing chest protection.

“This is an unprecedented breakthrough in sports protection,” said Mike Oliver, NOCSAE Executive Director. “Scientists have pinpointed the exact cause of commotio cordis, including the critical moment of occurrence in the cardiac cycle and the required threshold to prevent the injury. These findings have allowed us to create a chest protector standard that will significantly reduce, if not eliminate, the risk of commotio cordis.”

The NOCSAE board of directors voted to advance the chest protector standard for commotio cordis to proposed status, meaning the standard will remain open for public comment until January 2017, at which time it will be eligible to be voted on as a final standard unless modifications are recommended.

Football Helmets: Pneumatic Ram Test Standard and Youth Provisions

During the January 2016 meeting, the NOCSAE Standards Committee Consensus Body voted to move its proposed pneumatic ram test standard to final status. This standard includes new tests that create and measure rotational accelerations, a crucial first step in improving the ability of helmets to address the risk of concussion.

NOCSAE is working to revise its football helmet standard to incorporate the pneumatic ram test for rotational accelerations. NOCSAE received significant public comment on the existing proposed changes to the football helmet standard. In response, a new proposed football helmet standard was approved at the January 2016 meeting. The new proposed football helmet standard incorporates rotational accelerations in the pass/fail specifications, and includes provisions for adjusted pneumatic ram impact velocities for helmets that manufacturers label as youth helmets.



Implementation of Third-Party Certification

In January 2015, NOCSAE began requiring ISO/IEC 17065 accredited third-party certification for athletic equipment to meet NOCSAE standards. Under this requirement, a manufacturer contracts with an independent certifying body, Safety Equipment Institute (“SEI”), to audit their procedures and quality programs, and test, validate and certify their athletic equipment to meet NOCSAE standards. Over the course of 2015, the transition to third-party certification was staggered based on manufacturers’ sport-specific production seasons for equipment. As of February 1, 2016, all third-party certification for athletic equipment has been implemented.

“Implementing the third-party certification process in a year is a testament to the integrity of NOCSAE’s standards,” said Oliver. “Now, all manufacturers are using an independent body to ensure they’re meeting the highest safety standards for their athletic equipment.”

Other Standard Developments

NOCSAE voted to move several proposed standards to final status, including standards for field hockey headgear and balls, and revisions to NOCSAE’s corrosion testing standard. Additionally, a proposed lacrosse headgear standard is now available for review at www.nocsae.org.

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About NOCSAE

NOCSAE, the National Operating Committee on Standards for Athletic Equipment, is an independent and nonprofit standard-setting body with the sole mission to enhance athletic safety through scientific research and the creation of performance standards for protective equipment. Formed in 1970, NOCSAE is a leading force in the effort to improve athletic equipment and, as a result, reduce injuries. NOCSAE efforts include the development of performance and test standards for football helmets, gloves and facemasks, baseball and softball batter’s and catcher’s helmets, baseballs and softballs, ice hockey helmets, soccer shin guards, lacrosse helmets and facemasks, and polo helmets. NOCSAE is comprised of a board of directors representing stakeholders from a number of groups – including consumer and end users, equipment manufacturers and reconditioners, athletic trainers, coaches, equipment managers, and academic and sports medicine associations. These diverse interests have joined forces in an attempt to arrive at a common goal of reducing sports-related injuries. NOCSAE is a nonprofit, charitable organization supported by individuals and organizations with an interest in athletics. For more information, please visit www.nocsae.org.

